

CARA GARRITY

Associate National Coordinator of the GCI
Pastoral Resident & Intern Programs

Lynn,
Massachusetts

Background:

How many years have you been part of GCI? 5 years.

What is a must-see attraction where you live? In Downtown Lynn, there is a series of wall murals that highlights and celebrates the diversity of our community (and it's pretty dope).

What makes your region different than other places in the world? Clam chowder, winning sports teams, clear-headedness about the superiority of Dunkin' Donuts over Starbucks, and a rampant use of sarcasm.

What are some stand-out memories from your time in GCI? My favorite GCI memories involve late night board games and conversations with other young adults in GCI.

What are some of your reasons for choosing to participate with GCI in ministry?

1. I believe that Church is family and I love the family vibe that I have experienced in GCI. 2. I am humbled by the testimony of GCI. 3. I love the vibrancy of Incarnational Trinitarian theology and praxis, and I enjoy being part of a faith community that holds such beliefs. 4. I've encountered a lot of troublemakers, and I totally love that.

What makes you choose to give your time and energy to this ministry? Honestly, I didn't plan to choose this life. God chose it for me. But I continue to say yes because Jesus is so compelling. His love for me changes everything. What can I do but say yes? What can I do but share what he has so freely given?

Who has invested in you to support you in your ministry? Countless people have invested in me. I couldn't begin to name all who have supported and mentored me in this journey. Within GCI, I'd like to give a special shout-out to my pastor and mentor Dishon Mills, as well as Anthony Mullins, Carrie Smith, and Jeff Broadnax.



Get to Know Cara

I BELIEVE THERE ARE A THOUSAND PERFECT DAYS TO BE LIVED.



1.

What are 5 things you can't live without?

1. Sriracha
2. books
3. ice cream
4. laughter
5. all things coconut

2.

Describe your perfect day:

I believe there are a thousand perfect days to be lived. Some key ingredients to my perfect days include nature, musical worship, friends, adventure, delicious food, board games, new experiences, and a good book.

3.

How do you experience or feel close to God?

Musical worship, nature, and travel (seeing the beautiful diversity of his creation through new peoples, cultures, and landscapes).

4.

Everyone who knows you knows you love: Alpacas!

FAVORITE SCRIPTURE?

Isaiah 40:27-31

Why do you complain, Jacob?

Why do you say, Israel,

"My way is hidden from the Lord; my cause is disregarded by my God"?

Do you not know?

Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

He gives strength to the weary and increases the power of the weak.

Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.



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