

# GCI Healthy Church Challenge

Age 11-14

Just like we might eat some nutritious foods or do a puzzle to keep our bodies and minds healthy, there are things we do as churches to grow strong and healthy. And just like there are different things to keep your eyes healthy than your feet healthy, we think specifically about the different areas of church ministry and what they need to grow healthy. We call these areas of church ministry the Hope, Faith, and Love Avenues and each avenue has characteristics or practices that we believe help that part of the church to grow strong and healthy.



The Hope Avenue is all about worship, coming together to participate in Jesus' life. Planning ahead so everyone can participate is one way we practice being a healthy church.



The Faith Avenue is all about discipleship, becoming more like Jesus in a community of disciples. Building relationships with people a different age than us is one way we practice being a healthy church.



The Love Avenue is all about witness, reflecting Jesus' love wherever we go. Reflecting Jesus' love to everyone we meet is one way we practice being a healthy church.



**Healthy Church Challenge: Create a skit (written, recorded, drawn, solo, or with a group) that shows us what it means to you to plan ahead so that everyone can participate in worship, to build meaningful friendships with people a different age than you, or to reflect God's love in the community.**