

# GCI Healthy Church Challenge

Age 8-10

Just like we might eat some nutritious foods or do a puzzle to keep our bodies and minds healthy, there are things we do as churches to grow strong and healthy. And just like there are different things to keep your eyes healthy than your feet healthy, we think specifically about the different areas of church ministry and what they need to grow healthy. We call these areas of church ministry the Hope, Faith, and Love Avenues and each avenue has characteristics or practices that we believe help that part of the church to grow strong and healthy.



The Hope Avenue is all about worship, coming together to participate in Jesus' life. Including everyone in worship gatherings is one way we practice being a healthy church.



The Faith Avenue is all about discipleship, becoming more like Jesus in a community of disciples. Spending time with people in our church community is one way we practice being a healthy church.



The Love Avenue is all about witness, reflecting Jesus' love wherever we go. Making friends with people who aren't already part of our church community is one way we practice being a healthy church.



**Healthy Church Challenge: Draw something to show us what you think it means to include everyone in worship, spend time with your church community, or make friends.**