

Healthy Church Challenge

Reflections for ages 11-14

Hope Avenue

Have you ever gone to a friend's house and their family remembered that you are allergic to a certain food so they planned a special meal for you? Or maybe they remembered your favorite snack so they made sure to have it? God loves us so much that he made a plan to share his life with us. He is always ready to welcome us and there is always room. Planning ahead so that we are ready to welcome people into our worship gathering, even if what they need to be able to participate is different than what we need, is one way we can practice being a healthy church.



Faith Avenue

Have you ever learned something helpful from someone younger than you? Or had a great time playing a game with someone older than you? Sometimes it feels easier to spend time only with people our own age. God loves and includes people of all ages! We participate in Jesus' love and become more like him when we also love and include people of all ages. Building meaningful friendships with people who are different ages than you in your church community is one way we can practice being a healthy church.



Love Avenue

Have you ever treated people differently when you were at a church activity than when you were at school or in your neighborhood? Jesus is full of love for all people. He shares his life with us and shows us how to love people the way that he does. When we show love to people everywhere we go, not just at church activities, we participate in Jesus' mission to share his love. Reflecting the love of Jesus to everyone we meet is one way we can practice being a healthy church.

