

# MISSIONAL LIVING

In relationship with our Triune God and in community with one other, we engage in our neighborhoods shining the light and sharing the love of Christ. It is not our own goodness that shapes our motivations and behavior, but we are compelled by the love of Christ and empowered by the Spirit to live differently – interested in the lives and experiences of others and joyfully engaging with our neighbors. In his BELLS model, Michael Frost shares a framework that helps us develop missional habits in our everyday lives.



Mission is both the announcement and demonstration of the reign of God through Christ. - Michael Frost



The missional habits outlined below are not performed as a checklist of Christian behavior or with the goal of church growth. Instead, they are practiced with the acknowledgement that our habits shape us. By participating with our Triune God through these practices, we are transforming more into the image of Christ and uniting with our neighbors and one another.



### **BLESS**

B



I will bless three people this week, at least one of whom is not a member of our church.

### **EAT**

Ε



I will eat with three people this week, at least one of whom is not a member of our church.

# **LISTEN**



I will spend at least one period of the week listening to the Spirit's voice.

# **LEARN**

L



I will spend at least one period of the week learning about Christ.

# **SENT**

S



I will journal throughout the week about all the ways I alerted others to the universal reign of God through Christ.





# CONCLUSION

By practicing these *habits* we are shaped to embody a *missional value*:

Bless	<b>&gt;&gt;&gt;</b>	Generous
Eat	<b>»</b>	Hospitable
Listen	<b>»</b>	Spirit-Led
Learn	<b>»</b>	Christlike
Sent	<b>»</b>	Missional

For a deeper dive into the Biblical foundation of the model and each of the practices, check out *Surprise the World* by Michael Frost.

Source: Surprise the World: The Five Habits of Highly Missional People – December 1, 2015

